



Increasing hospital admissions for systemic allergic disorders in England: analysis of national admissions data

Ramyani Gupta, Aziz Sheikh, David Strachan and H Ross Anderson

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decade of age) and lower LVEF (0.94 (0.89 to 0.99) for each 10% increase) were independent risk factors for azotaemia.

For severe hyperkalaemia (serum potassium >6.0 mmol/l) we added to the model baseline serum creatinine concentration and whether the patient was taking potassium supplementation. In this analysis the NYHAFC (3.36 (1.17 to 9.69) for each class) and lower LVEF (0.37 (0.15 to 0.95) for each 10% increase) were predictive factors.

Comment

Taking spironolactone for congestive heart failure is associated with considerably more frequent side effects than previously thought.¹ Age, lower LVEF, and higher NYHAFC are predictors of hyperkalaemia and azotaemia.

Excessive diuresis might be an important cause of renal dysfunction while taking spironolactone. One way of dealing with renal dysfunction secondary to spironolactone may be to reduce doses of concomitant diuretics.

In the future, drugs such as eplerenone may replace spironolactone, but the risks of hyperkalaemia and renal insufficiency may be equally high.⁵ We found that adverse effects with spironolactone were common. We recommend that particular caution is taken in elderly people with LVEFs below 20%, potassium supplementation should be discontinued, changes in body weight should raise concern, doses in

concomitant diuretic regimens may need adjustment, and continuous laboratory monitoring remains inevitable.

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Ramyani Gupta, Aziz Sheikh, David Strachan, H Ross Anderson

Department of
Community Health
Sciences, St
George's Hospital
Medical School,
Cranmer Terrace,
London SW17 0RE
Ramyani Gupta
*Lung and Asthma
Information Agency
epidemiologist*
Aziz Sheikh
*NHS/PPP national
primary care post
doctoral fellow*
David Strachan
*professor of
epidemiology*
H Ross Anderson
*professor of
epidemiology and
public health*
Correspondence to:
R Gupta
rgupta@
sghms.ac.uk

Epidemiological studies indicate that the prevalence of allergic disorders such as allergic rhinitis, asthma, and eczema have increased during recent decades in many Western countries.¹ Although anecdotal reports suggest that the prevalence of systemic allergic conditions may also be changing, only limited evidence exists to support this assertion.² We report on trends in admissions for anaphylaxis, angio-oedema, food allergy, and urticaria, analysed by using national hospital discharge statistics from 1990-1 to 2000-1.

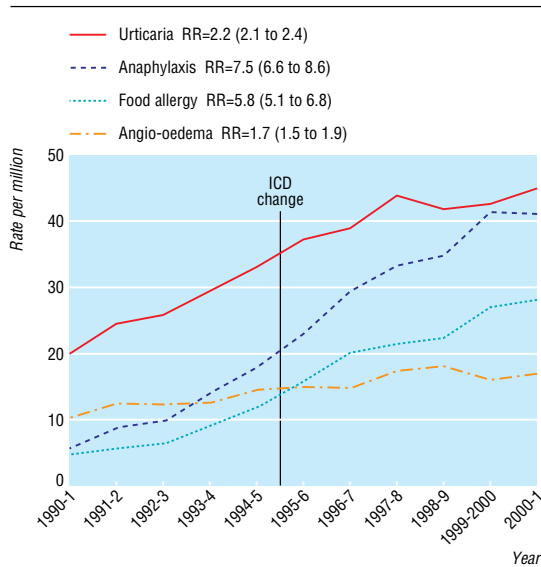
Methods and results

We obtained hospital admissions data from the hospital episode statistics system.³ This database records episodes of care after admission to hospital and assigns a primary diagnosis on discharge based on the international classification of diseases (ICD).⁴ Data are available by financial year (1 April-31 March). Diagnoses were classified using the ninth revision (ICD-9) up to March 1995 and using the tenth revision (ICD-10) thereafter.

We identified admissions for anaphylaxis, angio-oedema, food allergy, and urticaria (ICD-9 codes: 995.0, 999.4, 995.1, 693.1, 708; ICD-10 codes: T78.0, T78.2, T80.5, T88.6, T78.3, L27.2, T78.1, L50). We calculated age and sex standardised admission rates and used rate ratios to quantify the changes over the 11 year period. We tested for time trend by fitting simple linear regression models to the standardised rates for each condition.

A total of 49 300 admissions for systemic allergic conditions occurred during the 11 year study period (urticaria: 19 250; anaphylaxis: 13 230; food allergy: 8690; angio-oedema: 8180). Total admissions for these four disorders increased from 1960 admissions in 1990-1 (0.02% of all admissions) to 6752 in 2000-1 (0.06%) (figure).

The largest increases in rates have been for anaphylaxis and food allergy. Anaphylaxis rates rose from 6 to 41 per million between 1990-1 and 2000-1, and food allergy rates rose from 5 to 28 per million over this period. The greatest number of admissions was for urticaria, although increases in admission rates



Trends in age and sex standardised admission rates for anaphylaxis, angio-oedema, food allergy, and urticaria, with rate ratios (RR) and 95% confidence intervals, England 1990-2001

for this condition have been less rapid, doubling from 20 to 43 per million. Admissions for angio-oedema have risen more modestly from 10 to 17 per million. All trends were highly significant ($P < 0.0001$).

Comment

Highly significant increases in admissions for systemic allergic diseases (anaphylaxis, angio-oedema, food allergy, and urticaria) occurred in England between 1990-1 and 2000-1. This almost certainly reflects an increase in incidence.

Trends in admissions can reflect changes in health care; in disease labelling, coding, or recording; and in the underlying epidemiology of the condition. We were unable to assess the impact, if any, of changes in health seeking behaviour but believe it is a minimal source of bias in people admitted to hospital. Changes due to

greater public awareness of the risks of allergic reactions or to better treatment cannot be ruled out, however; an eightfold increase in community prescriptions for allergic emergencies (adrenaline, BNF category 3.4.3) in this period may be evidence of this.⁵

We were unable to assess the accuracy of diagnoses. It seems likely, however, that any misclassification would have led to diagnostic transfer within the four disease areas under study. ICD-10 came into operation half way through the study period, but trends were broadly similar in the period 1990-1 to 1994-5 and 1995-6 to 2000-1 and showed little evidence of step changes.

A changing threshold of admissions is unlikely to have accounted for the findings observed, as no major new guidelines or recommendations for the management of allergic conditions were produced during this period. These increases could be caused by increasing exposure to environmental risk factors (such as peanuts and other foods or latex), to an increased susceptibility in the population to these allergens, or to a combination of these factors.

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One hundred years ago

The responsibility of surgeons and their fees B.C. 2300

In the time of Hammurabi, King of Babylon, who lived 2,300 years B.C., the laws regulating the practice of surgery seem to have been rather uncomfortable. According to the code of laws of this monarch, discovered at Susa in 1902 by M. de Morgan, and transcribed and translated by Father Scheil, a surgeon who operated on any one with a bronze stylet or removed a film and saved an eye, was entitled to receive 10 shekels of silver. In the case of a noble the surgeon received 5 shekels, and for a slave 2 shekels. For setting a fracture in the case of a freeman he received 5 shekels, for the son of a noble 3 shekels, for a slave 2 shekels. These fees are doubtless large; but, on the other hand, the surgeon had to bear a somewhat onerous responsibility, for if, when operating with the stylet, he killed a freeman or caused the loss of an eye, his hands were to be cut off; if the slave of a noble died after a similar operation, the surgeon had to give a slave in return; if he caused the loss of a slave's eye, he had to pay half his

value. Apparently the surgeon was charged with the duty of marking slaves; if a surgeon marked a slave as "inalienable" without the knowledge of his master, his hand was to be cut off; but if he was induced to do this by the deception of a third person, that person was to be killed and buried in his house, while the surgeon was set free on swearing that he did not perform the act knowingly. It is somewhat difficult to understand how it would be possible to exercise the profession of a surgeon under such laws. And yet the civilization in which they were enacted was one of long date and far removed from the primitive organization of society. Perhaps, like some legislation nearer home, they were not so formidable in reality as they appear on the statute book. In England a hundred years ago the law punished sheep stealing with death; but we know the result was not to hang sheep stealers, but to make it impossible to get a conviction.

(*BMJ* 1903;ii:211)